



**DYING TO LIVE**  
WEEK OF FEB 23

## **READING ASSIGNMENT**

This week, we are reading pages 201-206 from *Mere Christianity* by C.S. Lewis. The PDF of this chapter is available on our website at [rockypeak.org/disciple](http://rockypeak.org/disciple). If you prefer a hard copy, you can pick one up at Starting Point on the patio of the Worship Center during weekend services. You can also access the reading by scanning the QR code here.



## **GETTING STARTED**

This weekend, we learned about the importance of fully surrendering every part of our lives to Jesus. As we choose to die to ourselves and our selfish desires, we are set free to join in the new life that God has for us.

As you begin the study, reflect on this verse. Write down anything the Lord highlights for you.

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.*

**Romans 12:1**

## **STUDY QUESTIONS**

1. What is your top takeaway from the message this weekend and why?
2. During the message, Joel explained that for us to truly live in Christ, we must die to ourselves. Read the following passages slowly and let the weight of the words impact you.
  - Luke 9:23-25
  - Galatians 2:20
  - Romans 6:5-7
  - Philippians 3:7-8
  - Matthew 10:38-39

- a. As you read through these passages, what was your initial response to them? Which ones encourage you, and which ones challenge you? Why?
  - b. Reread Luke 9:23-25. What do you think it means to deny yourself and to take up your cross daily? What do you think that looks like in practical day-to-day terms?
  - c. Reread Philippians 3:7-8. As you have surrendered to Jesus throughout your walk with Him, what are some things you once saw as gains but now consider loss because of Jesus?
3. One of the main points this weekend was *We Think Denying Ourselves Will Make Us Less*. What do you think about this statement? What fears might you have around the idea of denying yourself?
  4. Joel said that surrendering ourselves to Jesus and His way demonstrates *Trust*. As you look back over your life as a Christ-follower, what are some moments where God gained your trust the most? What were the circumstances, and what happened?
    - a. Are there any areas in your life right now where God is asking you to trust Him? If so, what are those areas?
    - b. Where have you wrestled with trusting God in the past and seen victory? What led to that victory for you?
  5. At the end of the message this weekend, Joel asked, *What's Off-Limits To Jesus?* What is your answer to that question?
    - a. Be honest with yourself. Don't just think about areas of sin, consider some habits or hobbies that aren't necessarily sinful. If Jesus asked you to give something up to spend more time with Him, is there anything you would be tempted to say no to? Why do you think that is?
  6. As you read the chapter from *Mere Christianity* by C.S. Lewis, what stuck out to you the most? Why do you think that is?
  7. On page 204, C.S. Lewis describes how God intends to make us more like Him:
 

*"But all the time He knew His plan for us and was determined to carry it out. Something the same is now happening at a higher level. We may be content to remain what we call 'ordinary people': but He is determined to carry out a quite different plan. To shrink back from that plan is not humility: it is laziness and cowardice. To submit to it is not conceit or megalomania; it is obedience."*

    - a. When God asks you to trust Him and follow His plan, is laziness or cowardice more of a trap for you? Why?
    - b. What are some concrete examples that you've seen in your life where that was the case?
    - c. How have you been able to overcome that laziness or cowardice?
  8. As you finish the study this week, read John 12:23-26. What must die in you this week so that more fruit will be produced in your life? Spend some time asking God to give you strength via the Holy Spirit to die to yourself that you might have life in Him.