

## Hearing God

### *The Keystone Habit*

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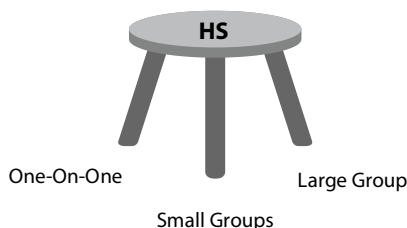
#### The Crisis

#### Hearing God

*Discerning His Voice*

#### Hearing God

*The Three-Legged Stool*



#### Hearing God

*Spiritual Training*

1 Timothy 4:7-16

Train yourself to be godly.

(1 Timothy 4:7)

That is why we labor and strive.

(1 Timothy 4:10)

For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. . . . Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.

(1 Timothy 4:8, 15-16)

## Hearing God

### *Spiritual Transformation*

1) \_\_\_\_\_ . . .

Is Not \_\_\_\_\_.

1 Timothy 4:7-8

2) \_\_\_\_\_ . . .

\_\_\_\_\_ A \_\_\_\_\_.

## Hearing God

### *The Keystone Habit*

⇒ \_\_\_\_\_ . . . Is \_\_\_\_\_ ?

Some habits, in other words, matter more than others in remaking businesses and lives. These are "keystone habits," and they can influence how people work, eat, play, live, and communicate. Keystone habits start a process that, over time, transforms everything.

Keystone habits say that success doesn't depend on getting every single thing right, but instead relies on identifying a few key priorities and fashioning them into powerful levers. . . .

If you focus on changing or cultivating keystone habits, you can cause widespread shifts.

(Charles Duhigg, *The Power of Habit*)