

For Now, Focus On One Area...

- _____
 - _____ And _____
 - *What do You desire of me in the season ahead?*
 - _____ Prayer
 - _____
 - Example: The Psalms

All passages, unless otherwise noted, are from the New International Version of the Bible.
Download the free YouVersion Bible app that includes the NIV translation at your favorite app store.

message notes

January 6 & 7, 2024

Andres Carias

Greater Things

Train Yourself

The GOAT

The hour or two on the court was made possible by the tens of thousands of hours dedicated off the court.

(John Mark Comer, *Art of Teaching*, Conference)



Series Recap – *Greater Things*

Ephesians 3:14-21

And I pray that you, being **rooted and established in love**, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ.

Now to him who is able to do **immeasurably more** than all we ask or imagine...

"Train Yourself"

1 Timothy 4:7-8

Continue to **work out** your salvation... (Philippians 2:12)

For this very reason, **make every effort** to add to your faith... (2 Peter 1:5)

- Growth is _____,
Not _____.

If there's one thing any farmer knows, it's that stuff doesn't grow on its own. Well, let me rephrase that: **Some** stuff grows on its own—just not the stuff you want. ...You have to have a plan and a rhythm.

(Glenn & Holly Packiam, *The Intentional Year*)

Intentional Training

- _____.

Rather, **discipline** yourself for the purpose of godliness. (1 Timothy 4:7, NASB)

"Why 'train' this way?" – Paradigm Shift

- To _____ And _____ God
- To Be _____ By God
- To Be _____ By God

- Effective Training Requires A _____.

- _____ And _____
- _____
- _____

Part of the point of spiritual formation is training our eyes to see and our ears to hear God in the world, and learning to sing along with creation. That requires changing our tune. We can't join in God's symphony if we're singing our own songs. (Glenn & Holly Packiam, *The Intentional Year*)