



MAY 28  
**COME ALIVE**  
**GRAVES INTO GARDENS**



## GETTING STARTED

This weekend we concluded our series, *Come Alive*, and heard from a panel that shared how God has brought new life into areas that were once graves.

As you begin the study, read the passage below several times and reflect on it.

*I have come that they may have life, and have it to the full. John 10:10*



## STUDY QUESTIONS

1. This weekend we listened to a conversation about four graves that affect many of us. What impacted you the most from this conversation?

### Grave of Broken Dreams

1. What are some broken dreams you have had in your life?
  - a. What did God teach you in the midst of your broken dreams and how is He helping you to dream again?
  - b. One of the things we can do in the midst of broken dreams is doubt God's goodness. Has that ever happened to you? If so, explain.
  - c. How have you trusted that God is good even when things don't go how you would have expected or hoped for?
2. Read Psalm 34. Write down any particular verses or phrases that stood out to you as you read this Psalm. What was it about these verses or phrases that caught your attention?
  - a. Reread verse 18. How have you seen God come close to you when you were broken-hearted?

### Grave of Fear and Anxiety

1. What are some of the fears and/or anxieties you wrestle with on a regular basis?
  - a. How have you seen these fears and/or anxieties change depending on the season of your life?
  - b. How have you seen God grow you in how you handle your fears and anxiety?
2. Read Psalm 23. Is there any particular verse that the Holy Spirit is highlighting for you from this Psalm? Why do you think that is?
  - a. What do you think it means when the Psalmist says "I lack nothing" in verse 1?

- b. In John 10:11, Jesus says that He is the good shepherd that lays down His life for the sheep. What practical steps can you take to regularly remember that Jesus is with you and that He will lead you and guide you even in the midst of fear and/or anxiety?

### **Grave of Bitterness**

1. What have been some areas in your life where bitterness was able to take root? What were the circumstances that led to the bitterness?
  - a. How have you experienced God free you from that bitterness? What were the practical steps that you took to be set free from bitterness?
2. Read Proverbs 19:11 and Hebrews 12:14-15.
  - a. Is it easy for you to overlook an offense? Explain.
  - b. The passage from the book of Hebrews mentions that bitterness will defile many. Why do you think that is the case?
  - c. This weekend, Joel mentioned that bitterness can feel empowering. Do you agree or disagree with that statement? Explain.
  - d. What would you say is the true result of bitterness?

### **Grave of Shame**

1. Shame is defined as “the painful emotion caused by a consciousness of guilt or shortcoming or impropriety.” As you look back over your life, what choices, situations or circumstances have caused you to feel shame?
  - a. Read Romans 8:28. How has God redeemed the things that formerly brought shame in your life?
  - b. Read John 8:1-11. How did Jesus respond to a woman that must have felt so much shame in that moment? What hope does that bring for the shame that you are carrying right now?
  - c. Are there any areas of shame right now that you would love to see God redeem? If so, what are they?
  - d. Spend some time and invite the Lord to meet you in that area of shame and ask Him to begin the process of healing.