



Communion Conversation Guide for Families

Share the heart: Communion was given to **remember** how **INCREDIBLE** Jesus' love is for us! Through Communion, we give thanks for Jesus' love and forgiveness, which transforms our hearts.

Steps:

1) Take the Bread element.

2) **Share:** During Jesus' last dinner with His disciples, He took some bread, blessed it, broke it into pieces, gave it to the disciples and said, *"Take this and eat it, for this is my body."*

When we eat the bread/wafer, we remember that Jesus' body was **broken** for our sins on the cross.

- Invite everyone to eat the bread/wafer together.

3) Take the Drink element.

4) **Share:** Then Jesus took a cup and gave thanks to God. He gave it to his disciples and said, *"each of you drink from it, for this is my blood, which confirms the promise between God and His people. It is poured out as a sacrifice to forgive the sins of many."*

When we drink this juice, we remember that the blood Jesus shed on the cross is what sets us free from all our sins.

- Invite everyone to drink the juice together.

5) Take a moment to pray as family, thanking Jesus for His sacrifice which sets us free from sin!

- Encourage your kids to pray out loud. Start with a simple, *"Thank you, Jesus!"*

Follow up Questions to Ask:

1) How does it make you feel knowing that Jesus loves you so much that He gave his life for you?

2) Was there anything about this that was confusing (for example, any words you didn't know)?

Friendly Reminders:

- Be patient. There's no pressure for this moment to be perfect. Kids are kids - and that's okay!
- It's okay if you can't answer a question! Affirm what was asked, and say you will look into it.

When You Get Home:

1) Read Matthew 26:26-30 together.

2) Set a date on your calendar for when you'll next celebrate Communion together.