

Experiencing Thankfulness

One Intentional Step

- _____

Oh, how I love your law!

I meditate on it all day long.

Your commands are always with me
and make me wiser than my enemies.

(Psalm 119:97-98)

message notes

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The Blessing

Transformed And Thankful

Psalm 103

The Blessing

God's Pursuit Of His People

All passages, unless otherwise noted, are from the New International Version of the Bible.
You can download the free YouVersion Bible app that includes the NIV translation at your favorite app store.



Thankful For His Blessing

Psalm 103

Bless the LORD, O my soul,
and all that is within me,
bless his holy name!

Bless the LORD, O my soul,
and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good
so that your youth is renewed like the eagle's.

(Psalm 103:1-5, *English Standard Version*)

A Deeper Gratitude

Two Key Truths

1) Thankfulness _____ Our _____ To A _____
_____.

For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe.

(Ephesians 1:15-19)

2) Thankfulness Is _____ Through _____
_____.

Memory is very treacherous about the best things; by a strange perversity, engendered by the fall, it treasures up the refuse of the past and permits priceless treasures to lie neglected, it is tenacious of grievances and holds benefits all too loosely. It needs spurring to its duty, though that duty ought to be its delight. Observe that he calls *all* that is within him to remember *all* the Lord's benefits. For our task our energies should be suitably called out. God's all cannot be praised with less than our all.

(Charles Spurgeon, *The Treasures of David: Psalms 88-110*)