



LOCOMOTION GAMES

DAY 3: BOLD BOPS

In this game, you might have to take some bold dives for a ball. Feeling bold?

What You Need

- 2 balloons or beach balls
- Music (The songs from Rocky Railway are an awesome choice!)

How to Play

- Have participants stand in a circle, and hand someone a ball.
- When you start the music to cue the start of the game, the person with the ball tosses the it into the air to begin the first round.
- After the first toss, participants work together to bop the ball (like a bump- pass in volleyball) into the air without letting it fall to the ground.
- Have everyone count each time the ball is bopped into the air. If the ball falls, start the count over at one.
- Challenge the group to get to 20 or more successful bops or simply keep improving their score from round to round.

Wrap-Up Questions

1. What were some bold moves our Crew made as we played?
2. How did encouraging words from the games leaders and each other help you be bold?

SAY: Being bold can be hard all on your own, but teamwork and encouraging friends can make it easier. Jesus can help us through the encouraging words of others. It's just one way Jesus' power helps us be bold. (Trust Jesus!)