



LOCOMOTION GAMES

DAY 2: H.O.P.E BALL

What You Need

- 1-2 playground balls (bouncy balls, soccer balls, etc.)

How to Play

- Have players stand in a circle, foot to foot (a person's feet should touch a foot of the people on each side), with each person's legs a little more than shoulder-width apart.
- The goal is for people to roll a ball between the legs of another person as well as block the ball from going between their own.
- Players can use only one arm to play and must tuck the arm they choose not to use behind their back.
- When a person can't block the ball and is scored upon, he or she earns a letter in the word hope. When a person reaches all four letters, the Crew can shuffle where they're standing and start a new round.
- About halfway through your time for this game, increase the challenge and fun for the participants by adding in a second ball.

Wrap-Up Questions

SAY: The game had some challenges. People could score against you, you could use only one arm, and you had to stand in a weird way. But you kept playing with some smiles and laughs and fun. So...

ASK: What gave you hope to keep playing through the game's challenges?

Tell about a time you had hope through another challenge. Share an example of your own first, such as not giving up on a friend after an argument because of the hope that your friendship was stronger than a disagreement.

SAY: We face big challenges—some might be so hard that they seem hopeless. But there's always hope through any challenge when we're friends with Jesus. Jesus' power gives us hope! (Trust Jesus!)